

3rd MEETING IPAT BURGOS, SPAIN

Co-funded by the
Erasmus+ Programme
of the European Union



December 16 & 17 of 2021



WELCOME

- ***Simona Palacios,***
President of Autismo Burgos Association
- ***Conchita Gárate,***
CEO of Autismo Burgos Association



Day Center



Early Intervention Center



El Olivo House

AGENDA 3rd MEETING

https://docs.google.com/document/d/1B1cGjtTthJlxOUuy6_gYB_m8-60jQcEV_tFg7NapXTE/edit



GOALS OF THE 3rd MEETING IPAT

IO2

- *Training material and Interactive activities: presentation and discussion*
- *Guidelines for Moderators and Recruitment of parents: presentation and discussion*

IO3

- *Introduction to the Integrative Parents' Autism self-training digital tool- IPATT*
- *BBPP Best Practices workshop (Belgium, Greece, Spain)*
- *Next steps*



AUTISMO BURGOS VIDEO PRESENTATION



- *Services and Centers*
- *Education system*
- *Day Center for Adults*
- *Special Employment Center*



AUTISMO BURGOS Services and Centers

“Autism is growing, and we want to be with you”

- Early detection and diagnosis
- School inclusion
- Transition to adulthood
- Quality of life improvement
- Higher levels of autonomy



https://drive.google.com/drive/u/0/folders/18Mg1Q_f_WNBmBfgw5Psiv-9BrIUL9VYf



AUTISMO BURGOS Education system

“One day at school in Autism Burgos”

- Visual schedules, and other visual supports
- Tablets, computers
- Speech therapy, cognitive stimulation, physical activity, music learning
- Leisure time structuring
- Mobility and autonomy
- Excursions outside the school
- Healthcare: spaces and materials adapted, test simulation



https://drive.google.com/drive/u/0/folders/18Mg1Q_f_WNBmBfgw5Psiv-9BrIUL9VYf



AUTISMO BURGOS Day Center



- *“Process of creating custom leather keychains”*

<https://www.youtube.com/watch?v=QXnNqQH-leQ>

- *“Manufactured disposable products”*

<https://drive.google.com/drive/folders/1S4J8TuovGHq11-W-0g233pL6nkzBkZI7>

- Visual and technical supports
- High Autonomy
- High Quality standards



AUTISMO BURGOS

Special Employment Center

“ Christmas presents ”

https://drive.google.com/drive/u/0/folders/18Mg1Q_f_WNBmBfgw5Psiv-9BrIUL9VYf



- Visual and technical supports
- High Autonomy





IPAT Training Module: Overview of work in progress and pending issues I



**Training material: Presentations and interactive
activities**
Antonis Vadolas



Autism Burgos
Autism Federation Castilla y León





IPAT Training Module: Overview of work in progress and pending issues II



***Guidelines for Moderators and Recruitment of
parents.
Autismo Burgos and Controvento***



Autism Burgos
Autism Federation Castilla y León





GUIDELINES FOR MODERATORS & PARENTS

PROFILE AND CRITERIA FOR RECRUITMENT



1. PROFILE OF MODERATORS



PROFILE OF MODERATORS

- *Psychologist, pedagogue, social educator degree*
- *Social and Communication skills*
- *Skills to energize and lead groups of people*
- *Empathy and assertiveness*
- *Flexibility and willingness to discuss*
- *Knowledge of English*



2. CRITERIA FOR RECRUITMENT MODERATORS



CRITERIA FOR RECRUITMENT

- *More than 5 years working in autism field*
- *Comprehensive knowledge of autism*
- *Developmental experience acquired*
- *Experience in the broader spectrum (life long and different cognitive styles)*
- *Experience in dealing with families*



SPANISH MODERATORS

- ***Fátima Martínez***
- ***Marta González***



SPANISH MODERATORS

Marta González Riocerezo



- *Degree in pedagogy, specialist teacher in early childhood and primary education*
- *Working in AB since 2006*
- *Professional experience along the life cycle: from 5 to 21 years old at school, from 21 to 50 years old in residency service*
- *Dealing with families:*
 - . *Continuous coordination: behavior patterns, educational programs.*
 - . *Emotional well-being*
- *Knowledge of english: C1 Upper intermediate (Advanced)*



SPANISH MODERATORS



Fátima Martínez González

- *Degree in Psychology and Psychopedagogy, master in Management and evaluation in Autonomy and disability, and Juridic psychology*
- *Working in AB since 2006*
- *Responsible for leisure service*
- *Direct care professional along the life cycle*
- *Dealing with families:*
 - . *Coordination in family respite programs*
 - . *Holidays planning*
- *Knowledge of english: Level B2 (First)*



CRITERIA FOR RECRUITMENT OF FAMILIES



CRITERIA FOR RECRUITMENT-I

- *Families with a child with autism recently diagnosed (1-3 years ago)*
- *Families with no previous similar training experience*
- *Families motivated and committed*
- *Age range between 3-14 years old*



CRITERIA FOR RECRUITMENT-II

- *Families from focus group can participate*
- *Families fully informed of the project*
- *Families sign a confidentiality document*
- *Similar level of functioning of children with autism is desired but not compulsory*



CRITERIA FOR RECRUITMENT: DISCUSSION

- *Available for grandparents?: in some cases, they are the mean caregivers*
- *Face-to-face/ online mixed modality?: some families can't manage so many face-to-face hours, and covid has changed habits*
- *Similar level of functioning of children?: in general, the smallest have a lower level of functioning than the oldest*



IPAT INSCRIPTION FORM

<https://docs.google.com/forms/d/1ynqqrkD7tGEX6a-WjTi5MmXonDp6fJrHnefLJU62vVk/edit#responses>





IO3: Introduction and preliminary outline and concept

Miguel Lancho



IPATT draft

- *An Integrative Parents' Autism self- training digital tool*
- *Based on the IPAT Modules of training and the respective needs assessment implemented under IO1*
- *Developed as an interactive user- friendly platform*
- *To assist the acquisition of knowledge, skills and attitudes, and identification of remaining training needs*
- *Interactive format: texts, videos, comics, etc...*



IPATT draft

- *Languages of the partner countries available in the menu of the platform*
- *The IPATT will be piloted for both technical and content part*
- *Appropriate adaptations will follow*



IPATT draft



Miguel Lancho,

- Coordinator of the I.T. and social network department in AB*
- Graduated in Social Education at the University of Burgos (UBU)*
- Participant in European Projects (Autism and UNI, IVEA.)*
- He works as an employment consultant in APITEA (Comprehensive psychosocial care for people with Autism)*





Best Practices in working with the parents



***Autismo Burgos
Belgium
CAC***

Friday 17th december



BBMIRADAS SCREENING PROGRAM

Fernando Larraz

- *Degree in law*
- *Working in AB since 1997, administrative department in AB*
- *Participant in European Projects (Sport & Autism Erasmus project), congresses, training, organization of international art exhibitions...*



bbMiradas

Early detection program
since 2018

220 children evaluated
62 diagnosed as ASD

11 Provinces interested



Who participate

Risk families (parents, siblings)

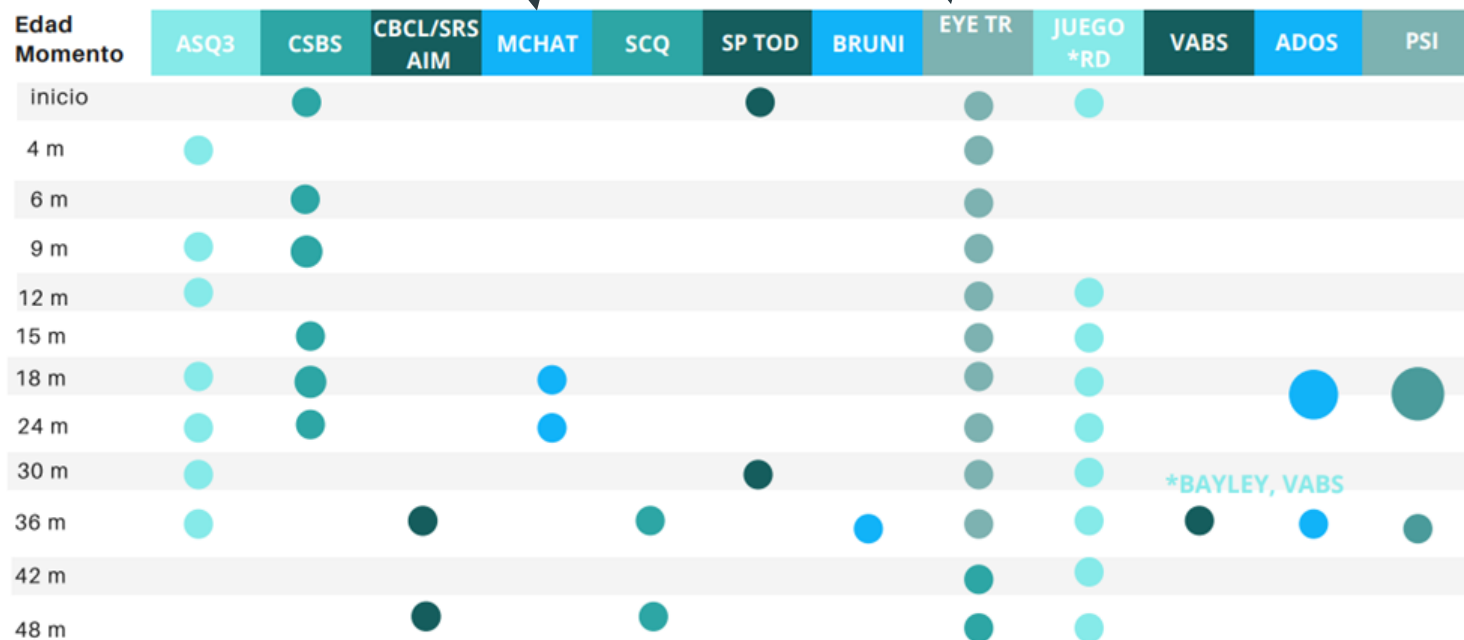
Control group

Symptoms group (pediatrics and families) M Chat



Test schedule

From 4 to 48 months. Multidisciplinary team



METHODOLOGY



MCHAT-REV

Por favor responda a estas preguntas sobre su hijo/a. Tenga en cuenta cómo su hijo/a se comporta habitualmente. Si usted ha visto a su hijo/a comportarse de una de estas maneras algunas veces, pero no es un comportamiento habitual, por favor responda no. Muchas gracias.

virginia.hortigueta@autismoburgos.org (no compartidos)
[Cambiar de cuenta](#)

*Obligatorio

Número identificación *

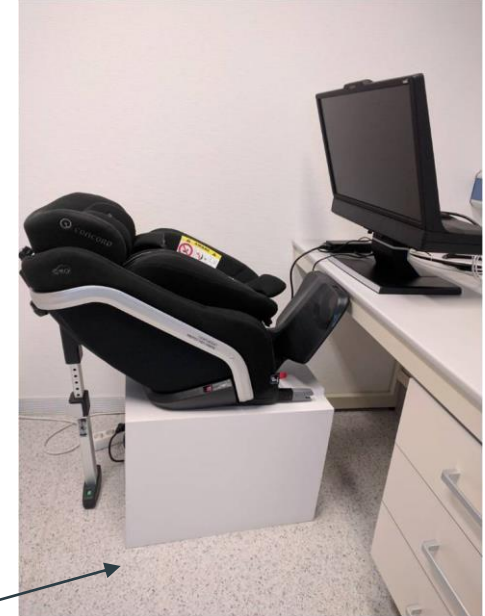
Es el número asignado al entrar al programa.

Tu respuesta

20 questions



- Interview
- Playing (pretend to ...)
- Eye tracking tech



Eye tracker

ASD



Figura 1. Seguimiento visual
TEA

CONTROL



Figura 1B. Seguimiento
visual control

Premises

BURGOS' HOSPITAL



AUTISMO BURGOS





bbMiradas

THANK YOU VERY MUCH!

BBMIRADAS INTERVENTION

María Merino



- *Dra Sciences of Education, Lic Psychology, Lic Psychopedagogy*
- *Working in AB since 2006*
- *Participant in European Projects (Autism in Pink, autism and UNI, IPA 2), investigations, training, congresses*
- *Director of APITEA (Comprehensive Psychosocial Support program for people with ASD)*



BBMIRADAS SCREENING PROGRAM

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<https://drive.google.com/drive/u/0/folders/1sB8SrxEr8C7T92Kd83Uy026rRQ7kgbsH>





Steering Committee Meeting I

***Implementation, timeline and challenges,
N. Mavroeidi, by CAC***





Steering Committee Meeting II

***Communication plan and activities:
Implementation and challenges,
Luca Pagliarici, by Controvento***





Closing remarks. Closure of the Meeting



CLOSING REMARKS

- **Structure of Meetings:**
 - . 15 m/ lecture
 - . 45-60 m/ reflection and experiential activities
- **Psychoeducational training:**
 - . learn to identify their needs
 - . practical help (= tips)
- **List of experiential activities:**
 - . choose 2 per meeting
 - . include guidelines for the activities development
- **Training of moderators:**
 - . starting mid january
 - . 4 hours at least



CLOSING REMARKS

- **Start training february 2022**
- **Mixed modality** face- to - face/ on line, depending of covid and preferences of the families
- Similar **level of functioning** of children is not compulsory
- **Main criteria** for recruitment parents:
 - . no previous similar training experience
 - . families motivated and committed
- **Flexible criteria** for recruitment parents:
 - . age range of children
 - . years since diagnosis
 - . grandparents only when they are main caregivers
- **Digital tool**: Moodle platform



CLOSING REMARKS: PENDING ISSUES

- **Questionnaires for parents:**
 - . stress?
 - . quality of life?
- **Digital tool:**
 - . contents to include
 - . maintenance time
- **Introduce covid challenges in the training**
- **7th Meeting: include specific information per country** (rights, legal support, professional ethics, advocacy)



